



HAMBLE POINT SAILING SCHOOL



Competent Crew - Beginner

RYA Competent Crew

Example itinerary of 5 day Competent Crew course



Day 1

- Check in at our office, collect wet weather gear & meet your Instructor.
- Full safety briefing.
- Familiarise yourself with the yacht, including deck gear, the ropes, and rigging, engine start controls, mooring line, and fenders.
- Prepare the yacht for sea, safe procedures for leaving and entering the marina, and basic sailing skills. Everyone will be given the opportunity to steer the yacht under power.
- Drop anchor for some lunch around 1300.
- Practicing more sailing skills and drills including reefing, tacking, gybing and man overboard drills.
- Evening accommodation is provided onboard where you will take part in preparing a meal at sea and eating with your crew.



Day 2

- Freshen up at the Marina showers and breakfast onboard.
- Prepare for a sailing passage checking weather conditions before you set sail.
- Helming at various points of sail.
- Anchor up for lunch around 1300.
- Set sail in the afternoon for a new destination and harbour in the Solent to prepare for Supper.
- Night sail exercise. You will familiarise yourselves with safety procedures at night, learning how to identify ships and structures by their lights.



Day 3 & 4

- These two days will follow a similar structure to day 2 with overnight stops at other ports within The Solent.
- Each day will focus on consolidating your knowledge and skills and operating the yacht safely and effectively as part of a crew, learning to work as a team and juggle tasks with confidence.



Day 5

- Sailing back to Hamble and fine-tuning aspects of the course you have been practicing.
- A break for lunch will usually be taken at a mooring buoy with a return to Hamble by approximately 1200.
- Time will be spent clearing the yacht and putting her to bed.
- Return wet weather gear and any additional items.
- Certification awarded to successful candidates.