



HAMBLE POINT SAILING SCHOOL

Day Skipper - Intermediate



RYA Day Skipper

Example itinerary of 5 day Day Skipper course



Day 1

- Check in at our office, collect wet weather gear & meet your instructor.
- Full safety briefing.
- The morning will act as a refresher of your skills, consolidating your knowledge. We will move on to position fixing and procedural exercises such as reefing, tacking, and gybing. Everyone will have a turn to rotate tasks and practice under various wind and tide conditions.
- Lunch will be taken at an anchorage or mooring bay and your instructor will demonstrate how to plan a short passage considering the wind, tides, and pilotage information.
- Your instructor will skipper the passage and the man overboard drill will be demonstrated with each student getting the chance to have a go. This will most likely be shown both under power and sail.
- Evening accommodation is provided onboard where you will take part in preparing a meal at sea and eating with your crew. Enjoy a trip ashore for a beer to celebrate your first day's hard work and accomplishments!



Day 2-4

- Freshen up at the marina showers and breakfast onboard.
- Over the next 3 days, each student will act as Skipper of the day planning and executing at least one passage while we steadily work through the RYA Day Skipper syllabus. This gives every student the time to develop their skills and confidently deal with an emergency situation.
- The course content will be covered in a fun and engaging approach so that learning is enjoyable! Each day will be followed with an instructor debrief to aid learning and development effectively. Where possible you will stop ashore for 'down time' and to explore.
- You will be shown how to carry out basic engine checks throughout the course of the two days. Skippering a yacht is largely about operating the yacht safely and effectively as part of a crew.
- Each day you will consolidate your knowledge and skills learning as a team to juggle tasks with confidence.



Day 5

- Today you will be sailing back to Hamble with your newfound confidence and Day skipper knowledge and skills.
- There will be opportunities to refine exercises and fine-tune aspects of the course you have been practicing on the return sail home.
- A break for lunch will usually be taken at a mooring buoy with a return to Hamble by approximately 1200.
- Time will be spent clearing the yacht and putting her to bed.
- Return wet weather gear and any additional items.
- Certification awarded to successful candidates.